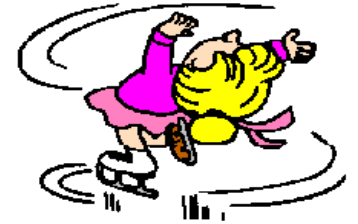


Learn to Skate



Northland and it's staff can put you in the right skating program...!
Do you want to take your skating to the next Level...?

Group Lessons are the perfect way to learn how to skate in a comfortable group setting. You will be put in a group of skaters that are not only your own age but of your own ability. These lessons are taught by one of our expert skating instructors and follow the program developed by the US Figure Skating Association.



- Lessons are held on Saturdays at **1:00 PM** Kids 15 and under –Adults at **1:30 PM**
- The cost is **\$95.00** for six, **30** minute lessons. This price includes skate rental and 30 minute practice.
- One Time Trial Lesson Fee is **\$17.00**
- Lessons are the best way to get ready for Hockey and Figure Skating and are recommended by Swords Amateur Hockey Association and the Queen City Figure Skating Club.

Private Lessons are for those skaters who want to become the best they can. If you are a skater who has goals of competing or playing hockey at the highest level then you should check out our private lessons taught **on Northland Skating Academy Ice** which is 3 to 6 PM Monday through Friday during the Winter and Fall and 8 AM to 1 PM during Summer season

Our skating pros are members of the PSA, QCFSC and USFS. If you are interested in private skating lessons call our Skating Director

Heidi Hartley 513-503-0200

NORTHLAND ICE RINK

**10400 Reading Road
Cincinnati, Ohio 45241
513-563-0008**

www.northlandicecenter.com

Like us on Facebook..!!!



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Group Lessons

Learn to Skate USA.

Lace those skates up. Do you need to learn basic fundamentals to get started? Are you ready to master more challenging skating skills? Either way, our comprehensive approach on conquering individual elements gives you the skills, the knowledge, the urge to go far on the ice. And even further in life

About the Program

A curriculum that offers something for everyone from the first steps on the ice to mastering advanced techniques. Solid skill development based on the ABCs of athleticism, Agility, Balance, Coordination and Speed. A progressive system that, upon completion of the program, allows skaters to confidently advance to more specialized areas of skating

Three Types of Exciting Classes to Join

Snowplow Sam

Basic Skills

Adult

Skating goes beyond just mastering ice skating alone, why stop there? Why not open yourself to the world of hockey, and figure skating ? Perhaps one will skate its way into your heart. Through our passion and unwavering commitment, we today are recognized as the world's best ice skating program, changing the lives of so many who said yes to the challenges and rewards. **Enjoy the benefits of being Learn to Skate USA membership at *LearnToSkateUSA.com*.** See you on the ice!

Endorsed by U.S. Figure Skating, USA Hockey, US Speedskating, and the Special Olympics.

www.swordshockey.com

www.queencityfsc.com



Classes are 30 minutes long on *Saturdays*.

Classes: 1:00 –1:30 pm **Practice:** 1:30–1:50 pm

Fees 6 Lessons \$95.00

1 Trial Lesson \$17.00

FREE skate rental

Northland Skating Academy

Basic Skills Registration Form

Skaters Name _____

Address _____

City _____

State _____ Zip _____

Birth Date _____ Age _____

Parents Name _____

E-mail Address _____

Phone # _____

Emergency Contact _____

Start Date _____

6 Week Plan _____ 1 Lesson _____

Waiver

I understand that skating is a dangerous sport and that injuries sometimes occur. I will not hold Northland Ice Skating, Inc., Northland Skating Academy, its employees, instructors or staff responsible for any injuries that may occur while participating in any on ice activities. All skaters skate at their own risk..!!

Signed _____

Date _____

What Should I Wear??? We suggest having the skater wear a layered outfit such as ski pants, sweat pants, sweater, turtle neck, gloves, mittens or a jacket. Helmets as well as elbow and knee pads are a great at protecting the skater.